वयस्कहरूका लागि खोपहरू लगाउन
विरोधाभासका लागि परीक्षण जाँच सूची

तपाईको नाम ____________________________
जन्म तिति माघ / गंज / बस

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<td>10. गत वर्षमा, तपाईले प्रतिरक्षा (गामा) ग्लॉबूलिन, रक्त / रक्त उपचार वा एन्टीज्याप्सी ओषधि प्राप्त गन्तब्यभएको छ?</td>
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<td>13. तपाईले खोप लगाउनु अर्थिर्यो, खोप लगाउँदा वा लगाउस्थलको चक्कर लागेको वा बेहोस भएको महसुस गन्तब्यभएको छ?</td>
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<td>14. तपाई आज खोप लगाउँदा चिनित हुनुहुन्छ?</td>
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फारम द्वारा पूरा _______________ गरीयो _______________
फारम द्वारा गरीयो _______________ गरीयो _______________

यससम्म रेक्के काई साधारमा ल्याउनुभएको थियो? हो □ होइन □

तपाईले आपनो खोप रेक्के काई साधारमा ल्याउनुभएको थियो? हो □ होइन □

तपाईले खोपको व्यङ्गनागर रेक्के हुन महत्वपूर्ण छ। तपाईले व्यङ्गनागर रेक्के छैन भने, तपाईलाई स्वास्थ्य सेवा प्रदानकलाई तपाईलाई उक्त रेक्के दिन अनुष्ठान गर्नुहोस्। यो रेक्के करेको स्वास्थ्य असामान्य रह्नुस्तात्त्वै र तपाईलाई चिकित्सा स्थानको बाइडा बाट महत्वपूर्ण पदक यसलाई आवश्यक साधारमा ल्याउनुस्। तपाईलाई स्वास्थ्य सेवा प्रदानकलाई यस्ता मा तपाईलाई सबै खोप रेक्के गन्तब्य भनी सुनिश्चित गर्नुहोस्।

Nepali translation provided by Fargo Cass Public Health

Immunize.org
FOR PROFESSIONALS www.immunize.org / FOR THE PUBLIC www.vaccineinformation.org

www.immunize.org/catg.d/p4065-nep.pdf
"Screening Checklist for Contraindications to Vaccines for Adults"
"Item #P4065-nep Nepali (11/6/2023)"
Information for Healthcare Professionals about the Screening Checklist for Contraindications to Vaccines for Adults

Read the information below for help interpreting answers to the screening checklist. To learn more, consult the references in Note below.

NOTE: For additional details, see CDC’s “Adult Immunization Schedule” (www.cdc.gov/vaccines/schedules/hcp/imz/adult.html) and General Best Practice Guidelines for Immunization sections on “Contraindications and Precautions” (www.cdc.gov/vaccines/hcp/acip-recs/general-recs/contraindications.html) and “Altered Immunocompetence” (www.cdc.gov/vaccines/hcp/acip-recs/general-recs/immunocompetence.html). For more details on COVID-19 vaccines, see “Use of COVID-19 Vaccines in the United States: Interim Clinical Considerations” at www.cdc.gov/covid19/vaccines/covid-19-vaccines-vaccines.html.

1. Are you sick today? [all vaccines]

There is no evidence that acute illness reduces vaccine efficacy or safety. However, as a precaution, all vaccines should be delayed until moderate or severe acute illness has improved. Mild illnesses with or without fever (e.g., otitis media, “cold,” diarrhea) and antibiotic use are not contraindications to routine vaccination.

2. Do you have allergies to medications, food, a vaccine ingredient, or latex? [all vaccines]

Gelatin: If a person has anaphylaxis after eating gelatin, do not give vaccines containing gelatin. Latex: An anaphylactic reaction to latex is a contraindication to vaccines with latex as part of the vaccine’s packaging (e.g., vial stoppers, prefilled syringe plungers, prefilled syringe caps). Details on latex in vaccine packaging, refer to the package insert (listed at www.fda.gov/vaccines-blood-biologics/vaccines/vaccines-licensed-use-united-states). COVID-19 vaccine: History of a severe allergic reaction (e.g., anaphylaxis) after a previous dose or to a COVID-19 vaccine component is a contraindication to the use of the same vaccine type. People may receive the alternative COVID-19 vaccine type (either mRNA or protein subunit) if they have a contraindication to or are allergy-related precaution to one COVID-19 vaccine type. Allergy-related precautions include history of 1) diagnosed non-severe allergy to a COVID-19 vaccine component; 2) non-severe, immediate (onset less than 4 hours) allergic reaction after a dose of one COVID-19 vaccine type (see Note). Not contraindications: Eggs: ACIP and CDC do not consider egg allergy of any severity to be a contraindication or precaution to any egg-based influenza vaccine. Injection site reaction (e.g., soreness, redness, delayed-type local-reaction) to a prior dose or vaccine component is not a contraindication to a subsequent dose or vaccine containing that component.

3. Have you ever had a serious reaction after receiving a vaccine? [all vaccines]

- Anaphylaxis to a previous vaccine dose or vaccine component is a contraindication for subsequent doses of the vaccine or vaccine component. (See question 2.)
- Usually, one defers vaccination when a precaution is present unless the benefit outweighs the risk (e.g., during an outbreak).

4. Do you have any of the following: a long-term health problem with heart, lung, kidney, or metabolic disease (e.g., diabetes), asthma, a blood disorder, no spleen, a cochlear implant, or a spinal fluid leak? Are you on long-term aspirin therapy? [MMR, VAR, LAIV]

LAIV is not recommended for people with anatomic or functional asplenia, a cochlear implant, or cerebrospinal fluid (CSF) leak. Underlying health conditions that increase the risk of influenza complications such as heart, lung, kidney, or metabolic disease (e.g., diabetes) and asthma are precautions for LAIV. MMR: A history of thrombocytopenia or thrombocytopenic purpura is a precaution to MMR. VAR: Aspirin use is a precaution to VAR due to the association of aspirin use, wild type varicella infection, and Rey syndrome in children and adolescents.

5. Do you have cancer, leukemia, HIV/AIDS, or any other immune system problem? [LAIV, MMR, VAR]

Live virus vaccines are usually contraindicated in immunocompromised people, with exceptions. For example, MMR vaccine is recommended and VAR may be considered for adults with CD4+ T-cell counts of greater than or equal to 200 cells/ml. See Note.

6. Do you have a parent, brother, or sister with an immune system problem? [MMR, VAR]

MMR or VAR should not be administered to a patient with congenital or hereditary immunodeficiency in a first-degree relative (e.g., parent, sibling) unless the patient’s immune competence has been verified clinically or by a laboratory.

7. In the past 6 months, have you taken medicines that affect your immune system, such as prednisone, other steroids, or anticonvulsant drugs; for the treatment of rheumatoid arthritis, Crohn’s disease, or psoriasis; or have you had radiation treatments? [LAIV, MMR, VAR]

Live virus vaccines should be postponed until chemotherapy or long-term high-dose steroid therapy concludes. See Note. Some immune modulator and modulator drugs (especially anti-tumor necrosis factor [TNF] agents) may be immunosuppressive. Avoid live virus vaccines in people taking immunosuppressive drugs. A list of such drugs appears in CDCs Yellow Book at wwwnc.cdc.gov/travel/yellowbook/2024/additional-considerations/immunocompromised-travelers.

8. Have you had a seizure or a brain or other nervous system problem? [influenza, Td/Tdap]

Tdap: Tdap is contraindicated in people with a history of encephalopathy within 7 days following DTP/DTaP. An unstable progressive neurological problem is a precaution to using Tdap. For people with stable neurological disorders (including seizures) unrelated to vaccination, vaccine use is usual. A history of Guillain-Barré syndrome (GBS): 1) Td/Tdap within 6 weeks of a tetanus toxoid-containing vaccine is a precaution; if the decision is made to vaccinate, give Tdap instead of Td; 2) all influenza vaccines: GBS within 6 weeks of an influenza vaccine is a precaution; influenza vaccination should generally be avoided unless the benefit outweighs the risks (e.g., for those at high risk for influenza complications).

9. Have you ever been diagnosed with a heart condition (myocarditis or pericarditis) or have you had Multisystem Inflammatory Syndrome (MIS-A or MIS-C) after an infection with the virus that causes COVID-19? [all vaccines]

Precautions to COVID-19 vaccination include a history of myocarditis or pericarditis within 3 weeks after a dose of any COVID-19 vaccine or a history of Multisystem Inflammatory Syndrome (MIS-C or MIS-A). Myocarditis or pericarditis within 3 weeks after a dose of any COVID-19 vaccine is a precaution: the patient should generally not receive additional COVID-19 vaccine. A person with a history of myocarditis or pericarditis unrelated to vaccination may receive a COVID-19 vaccine once the condition has completely resolved. A person with a history of MIS-C or MIS-A may be vaccinated if the condition has fully resolved and it has been at least 90 days since diagnosis. Refer to CDC COVID-19 vaccine guidance for additional considerations for myocarditis, pericarditis, and MIS (see Note).

10. In the past year, have you received immune (gamma) globulin, blood/blood products, or an antiviral drug? [MMR, VAR, LAIV]

See Note (schedule) for antiviral drug information (VAR, LAIV). See “Timing and Spacing of Immunobiologics” (www.cdc.gov/vaccines/hcp/acip-recs/general-recs/timing.html#antibody) for intervals between MMR, VAR and certain blood/blood products, or immune globulin.


Live virus vaccines (e.g., LAIV, MMR, VAR) are contraindicated in pregnancy due to the theoretical risk of virus transmission to the fetus. People who could become pregnant and receive a live virus vaccine should be instructed to avoid pregnancy for 1 month after vaccination. IPV and MenB should not be given except to those with an elevated risk of exposure during pregnancy. HepB: HepB-associated liver disease (previously considered a contraindication to vaccination) is not recommended during pregnancy. HepB: HepaB-C and PreHevbrio are not recommended during pregnancy, use Engerix-B or Comvitaov-HB. HPV is not recommended during pregnancy.

12. Have you received any vaccinations in the past 4 weeks? [LAIV, MMR, VAR, yellow fever]

People given live virus vaccines, such as those listed above, should wait 28 days before receiving another live virus vaccine (wait 30 days for yellow fever vaccine). Inactivated vaccines may be given at the same time or at any spacing interval.

13. Have you ever felt dizzy or faint before, during, or after a shot? Fainting (syncope) or dizziness is not a contraindication or precaution to vaccination; it may be an anxiety-related response to any injection. CDC recommends vaccine providers consider observing all patients for 15 minutes after vaccination. Refer to CDC COVID-19 vaccine guidance for additional considerations for myocarditis, pericarditis, and MIS (see Note).