

Cuestionario para detectar contraindicaciones a la vacuna inyectable contra la gripe

NOMBRE DEL PACIENTE _____

FECHA DE NACIMIENTO ____/____/____
mes día año

Para pacientes (tanto niños como adultos) que se van a vacunar: las siguientes preguntas nos ayudarán a determinar si existe algún motivo por el cual no deberíamos administrarle hoy a usted o a su hijo la vacuna inyectable inactivada contra la gripe (influenza). Si responde “sí” a alguna pregunta, no significa necesariamente que usted (o su hijo) no deba vacunarse. Solo significa que se deben hacer otras preguntas. Si alguna pregunta no está clara, pídale a su proveedor de atención médica que se la explique.

	sí	no	no sé
1. ¿La persona que se va a vacunar hoy está enferma?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. ¿La persona que se va a vacunar es alérgica a un ingrediente de la vacuna?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. ¿La persona que se va a vacunar ha tenido alguna vez una reacción grave a la vacuna contra la gripe en el pasado?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. ¿La persona que se va a vacunar ha tenido alguna vez el síndrome de Guillain Barré?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. ¿La persona que se va a vacunar se ha sentido alguna vez mareada o se desmayó antes, durante o después de una inyección?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. ¿La persona que se va a vacunar está ansiosa por recibir la vacuna hoy?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

FORMULARIO COMPLETADO POR _____ FECHA _____

FORMULARIO REVISADO POR _____ FECHA _____



FOR PROFESSIONALS www.immunize.org / FOR THE PUBLIC www.vaccineinformation.org

“Screening Checklist for Contraindications
to Injectable Influenza Vaccination”
www.immunize.org/catg.d/p4066-spa.pdf
Item #P4066-spa Spanish (8/28/2025)



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Information for Healthcare Professionals about the Screening Checklist for Contraindications to Injectable Influenza Vaccine (Inactivated “IIV,” Cell Culture “cclIV,” or Recombinant “RIV”)

Are you interested in knowing why we included a certain question on the screening checklist? If so, read the information below. If you want to find out even more, consult the “Note” below.

NOTE: For supporting documentation on the answers given below, go to CDC’s Advisory Committee on Immunization Practices (ACIP) vaccine recommendation found at www.cdc.gov/acip-recs/hcp/vaccine-specific/flu.html.

1. Is the person to be vaccinated sick today?

There is no evidence that acute illness reduces vaccine efficacy or increases vaccine adverse events. People with a moderate or severe illness usually should not be vaccinated until their symptoms have improved. Minor illnesses with or without fever do not contraindicate use of influenza vaccine. Do not withhold vaccination if a person is taking antibiotics.

Fever, malaise, myalgia, and other systemic symptoms most often affect people who are first-time vaccinees. These reactions are not a contraindication to future vaccination. These people can receive injectable vaccine without further evaluation.

A history of a severe allergic reaction to a previous dose of any egg-based IIV, LAIV, or RIV is a precaution to use of cclIV. A history of a severe allergic reaction to a previous dose of any egg-based IIV, cclIV, or LAIV is a precaution to use of RIV. Use of cclIV and RIV in such instances should occur in an inpatient or outpatient medical setting under supervision of a provider who can recognize and manage a severe allergic reaction; providers can also consider consulting with an allergist to help identify the vaccine component responsible for the reaction.

2. Does the person to be vaccinated have an allergy to an ingredient of the vaccine?

All vaccines, including influenza vaccines, contain various components that might cause allergic reactions, including anaphylaxis.

ACIP and CDC do not consider egg allergy of any severity to be a contraindication or precaution to egg-based influenza vaccines: people with any type of egg allergy may receive any influenza vaccine (egg-based or non-egg-based) that is otherwise appropriate for their age and health status.

IIV provided in multidose vials contain thimerosal as a preservative. Most people who had sensitivity to thimerosal when it was used in contact lens solution do not have reactions to thimerosal when it is used in vaccines.

Check the package insert at www.immunize.org/official-guidance/fda/pkg-inserts for a list of the vaccine components (i.e., excipients and culture media) used in the production of the vaccine, or go to www.fda.gov/vaccines-blood-biologics/vaccines/vaccines-licensed-use-united-states.

For the 2025–2026 influenza season, no vaccine or packaging contains latex.

4. Has the person to be vaccinated ever had Guillain-Barré Syndrome?

People who are not at high risk for severe influenza complications and who are known to have developed Guillain-Barré syndrome (GBS) within 6 weeks after receiving a previous influenza vaccination should not be vaccinated. As an alternative, clinicians might consider using influenza antiviral chemoprophylaxis for these people. However, the benefits of influenza vaccination might outweigh the possible risks for certain people who have a history of GBS within 6 weeks after receipt of influenza vaccine and who are at higher risk for severe complications from influenza.

3. Has the person to be vaccinated ever had a serious reaction to influenza vaccine in the past?

Patients reporting a serious reaction to a previous dose of influenza vaccine should be asked to describe their symptoms. Immediate—presumably allergic—reactions are usually a contraindication or a precaution to influenza vaccination, depending upon the type of vaccine that triggered the reaction and the types of vaccine available for use. Do not give any egg-based IIV to a person who has experienced a serious systemic or anaphylactic reaction to a prior dose of any influenza vaccine (i.e., egg-based IIV, cclIV, RIV, or live attenuated influenza vaccine [LAIV]). For cclIV, history of a severe allergic reaction (e.g., anaphylaxis) to any cclIV or any component of cclIV is a contraindication to future use of cclIV. For RIV, history of a severe allergic reaction (e.g., anaphylaxis) to any RIV or any component of RIV is a contraindication to future use of RIV.

5. Has the person to be vaccinated ever felt dizzy or faint before, during, or after a shot?

Fainting (syncope) or dizziness (presyncope) is not a contraindication or precaution to vaccination. However, for some people these can be a response to vaccination anxiety. People in adolescent and young adult age groups are more likely to experience syncope. CDC recommends that vaccine providers consider observing all patients for 15 minutes after vaccination with the person seated or lying down. This is especially important for people with a pattern of injection-related syncope. For more information about vaccination-related syncope, see www.immunize.org/catg.d/p4260.pdf.

6. Is the person to be vaccinated anxious about getting a shot today?

Anxiety can lead to vaccine hesitancy or avoidance. Simple steps can help a patient’s anxiety about vaccination. Visit Immunize.org’s “Improving the Vaccination Experience” for clinical resources by going to www.immunize.org/clinical/vaccine-confidence/topic/improving-vaccine-experience/.