Vaccine Injections to Adults

Administer these vaccines via IM route

- Meningococcal serogroup B (MenB) muscle – above the level of the armpit and approximately 1”.

Administer these vaccines via Subcut route by a minimum of 1”.

- Measles, mumps, rubella (MMR) Give in fatty tissue over the triceps.
- Zoster (HZV; shingles) Separate two injections given in the same area of fatty tissue by a minimum of 1”.
- Human Papillomavirus (HPV) vaccine Papillomavirus is not bunched and the injection is made at a 90° angle; a 1–1½” needle is recommended in women weighing 153–200 lbs (70–90 kg) and men weighing 153–260 lbs (70–118 kg); a 1½” needle is acceptable temperatures

Saint Paul, Minnesota

Subcut injection site

- Acromion process

For more information, visit www.immunize.org and www.vaccineinformation.org

We recommend these vaccines for you!

You're 16...

You have the rest of your life in front of you. Be sure to get vaccinated.

IAC Express – www.immunize.org/express

Join more than 50,000 subscribers who already receive IAC’s free weekly email news service. Stay current on new and updated vaccine recommendations, licensures, and other practical information.

Subscribe at www.immunize.org/subscribe

IAC’s main website – www.immunize.org, where you’ll find:

- FREE educational materials for healthcare personnel and patients – www.immunize.org/handouts

Help yourself to hundreds of IAC’s vaccine-related educational materials and fact sheets. All are CDC-reviewed, copyright-free, and ready to print.

- Vaccine Information Statements (VISs) – www.immunize.org/vis

The use of VISs is required under federal law to explain vaccine benefits and risks to patients. Available in many languages.

- Ask the Experts – www.immunize.org/askexperts

Get answers from IAC experts to more than 1,000 practical questions about vaccines and their use.

IAC’s website for the public – www.vaccineinformation.org

IAC’s easy-to-use resource for the public is designed to help patients find straightforward, accurate information about vaccines and recommendations for their use.

Tell your patients about www.vaccineinformation.org