Influenza is a serious disease caused by a virus. Influenza can make your child feel miserable. Fever, cough, shaking chills, body aches, and extreme weakness are common symptoms.

Your child can catch influenza from people who cough, sneeze, or even just talk around him or her. It is very contagious.

Yes. Tragically, every year infants, children, teens, and adults die from influenza. Influenza is dangerous for children as well as for people of all ages. Children younger than 2 years of age are at particularly high risk for hospitalization due to complications of influenza. Influenza is not only serious for your child, but it can be serious for others, such as babies and grandparents, if your child passes the virus on to them.

Yes. Anyone can become seriously sick from influenza – even healthy children.

Vaccination is the best way to protect your child from getting influenza. Everyone 6 months of age and older should get vaccinated against influenza every year. Vaccination not only protects people who get immunized, it also protects others who are around them.

For more information, visit www.vaccineinformation.org