HPV* Vaccine

A Guide for Young Adults

HPV is a very common virus that can lead to:

- Cancers of the mouth and throat
- Cancer of the cervix
- Cancer of the penis, vagina, vulva, or anus
- Genital warts

HPV vaccine can prevent these!

Do I really need HPV vaccine? Yes!

You should get HPV vaccine because it can prevent some types of cancer and genital warts.

Why do I need 3 shots?

You need 3 HPV shots to be fully protected.

I didn’t get the vaccine at age 11 or 12. Should I get it now? Yes!

HPV vaccination is recommended for people ages 9 through 26. Even though it is ideal to get HPV vaccine as a preteen, it is still highly effective in teens and young adults.

Is HPV vaccine safe? Yes!

- Millions of doses of HPV vaccine have been given without any problem.
- You may get a sore arm.
- Occasionally, a few people faint, so sit for 15 minutes after getting the vaccine.

When Should I Get HPV Vaccine?

Have your healthcare provider fill in this chart about when you should be vaccinated.

<table>
<thead>
<tr>
<th>VACCINE DOSE</th>
<th>RECOMMENDED</th>
<th>DATE DOSE GIVEN OR DUE</th>
</tr>
</thead>
<tbody>
<tr>
<td>#1</td>
<td>For people ages 9–26 years</td>
<td></td>
</tr>
<tr>
<td>#2</td>
<td>1–2 months after vaccine dose #1</td>
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<tr>
<td>#3</td>
<td>At least 6 months after vaccine dose #1</td>
<td></td>
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</tbody>
</table>

For more information on vaccines for teens and young adults, visit www.vaccineinformation.org/teens or www.vaccineinformation.org/adults

Adapted with permission from the Academic Pediatric Association

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Saint Paul, Minnesota • 651-647-9009 • www.immunize.org • www.vaccineinformation.org

www.immunize.org/catg.d/p4251.pdf • Item #4251 (2/15)