**Fever and Rash?.........Consider Measles**

Measles cases continue to be identified in California in returning international travelers. Measles is highly contagious. Please protect patients, visitors, and staff!

**Keep an eye out for measles symptoms:**

Suspect measles in patients with:

- fever and rash
- history of international travel or contact with international visitors in the prior 3 weeks.

**Note:** A history of 2 doses of MMR vaccine does not exclude a measles diagnosis.

**Prodrome**
- Mild to moderate fever
- Cough
- Coryza
- Conjunctivitis

**Rash onset**
- Fever spikes, often as high as 104° to 105° F
- Red, maculopapular rash that may become confluent—typically starts at hairline, then face, and spreads rapidly down body
- Koplik’s spots (tiny blue/white spots on the bright red background of the buccal mucosa) may be present

**Act immediately if you suspect measles:**

- Implement airborne infection control precautions immediately, mask and isolate patient—negative pressure room, if available.
- Permit only staff immune to measles to be near the patient.
- Notify your local health department immediately.
- Expedite measles serologic testing (IgM and IgG) at a public health lab; use of commercial labs may delay diagnosis.
- Safeguard other facilities: assure airborne infection control precautions before referring patients.
- Do not use any regular exam room for at least 2 hours after a suspected measles patient has left the room.

Adapted with permission from the California Department of Public Health, Immunization Branch
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You’ll find other measles resources at www.cdph.ca.gov/HealthInfo/discond/Pages/Measles.aspx