**How to Administer Intramuscular and Subcutaneous Vaccine Injections to Adults**

- **Hib**
- **Hepatitis B (HepB)**
- **Human papillomavirus (HPV)**
- **Influenza vaccine, recombinant (RIV3)**

**Needle insertion**

- Insert the needle at a 90° angle to the skin with a quick thrust.

**Note:** A 1" needle is sufficient in adults weighing 130–152 lbs (60–70 kg).

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**Getting shots is better**

- **Tdap (tetanus, diphtheria, pertussis)**
- **Polio (IPV)** – may also be given IM
- **Meningococcal polysaccharide (MPSV4)**
- **Chickenpox (varicella)**
- **Flu vaccine**
- **Blood infections that can lead to death within the most serious types of meningitis that**
- **Genital warts**
- **Hospitalization, and death**
- **Whooping Cough** causes severe diseases. And, Tdap vaccine given to pregnant women are very serious 1 Why get vaccinated?

**1.** Write your initials below in "Staff Initials," and note the time in "Exact Time."

**2.** Record temps twice each workday.

**3.** If you have a vaccine storage issue, also complete "Vaccine Storage Troubleshooting Record" found on page 3.

**www.immunize.org**

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