# Vaccinations for Adults with Lung Disease

*The table below shows which vaccinations you should have to protect your health if you have lung disease. Make sure you and your healthcare provider keep your vaccinations up to date.*

| Vaccine | Do you need it? |
|---|---|
| **Hepatitis A** (HepA) | ***Maybe.*** You need this vaccine if you have a specific risk factor for hepatitis A virus infection* or simply want to be protected from this disease. The vaccine is usually given in 2 doses, 6 months apart. |
| **Hepatitis B** (HepB) | ***Maybe.*** You need this vaccine if you have a specific risk factor for hepatitis B virus infection* or simply want to be protected from this disease. The vaccine is given in 3 doses, usually over 6 months. |
| **Human papillomavirus** (HPV) | ***Maybe.*** You need this vaccine if you are a woman age 26 or younger or a man age 21 or younger. Men age 22 through 26 with a risk condition* also need vaccination. Any other man age 22 through 26 who wants to be protected from HPV may receive it, too. The vaccine is given in 3 doses over a 6-month period. |
| **Influenza** | ***Yes!*** You need a flu shot every fall (or winter) for your protection and for the protection of others around you. |
| **Measles, mumps, rubella** (MMR) | ***Maybe.*** You need at least 1 dose of MMR if you were born in 1957 or later. You may also need a second dose.* |
| **Meningococcal** (MenACWY [MCV4], MenB, MPSV4) | ***Maybe.*** You may need MenACWY and/or MenB vaccine if you have one of several health conditions,* for example, if you do not have a functioning spleen. You need MenACWY if you are age 21 or younger and a first-year college student living in a residence hall and you either have never been vaccinated or were vaccinated before age 16. You should consider MenB if you are age 23 or younger (even if you don't have a high-risk medical condition). |
| **Pneumococcal** (Pneumovax [polysaccharide vaccine, PPSV]; Prevnar [conjugate vaccine] PCV) | ***Yes!*** All adults through age 64 with lung disease, including asthma, need to get vaccinated with Pneumovax. If you haven't been vaccinated, you should get 1 dose now. You may also need a 1-time dose of Prevnar, depending on whether you have certain high-risk conditions,* such as immunosuppression, or lack of a functioning spleen. At age 65 years (or older), you will need a dose of Prevnar if you haven't received it previously, and a second dose of Pneumovax, provided at least 5 years have passed since your first dose. Prevnar and Pneumovax are usually spaced 1 year apart. |
| **Tetanus, diphtheria, and whooping cough (pertussis)** (Tdap, Td) | ***Yes!*** All adults need to get Tdap vaccine (the adult whooping cough vaccine) and women need to get a dose during each pregnancy. After that, you need a Td booster dose every 10 years. Consult your healthcare provider if you haven't had at least 3 tetanus and diphtheria toxoid-containing shots sometime in your life or if you have a deep or dirty wound. |
| **Varicella** (Chickenpox) | ***Maybe.**** If you are an adult born in the U.S. in 1980 or later, and have never had chickenpox or the vaccine, you should be vaccinated with this 2-dose series. |
| **Zoster** (shingles) | ***Maybe.**** If you are 60 or older, you should get a 1-time dose of this vaccine now. |
| **Hib** (*Haemophilus influenzae* type b) | ***Maybe.*** Some adults with certain high-risk conditions need vaccination with Hib vaccine. Talk to your healthcare provider to find out if you need this vaccine. |

* Consult your healthcare provider to determine your level of risk for infection and your need for this vaccine.

**Are you planning to travel outside the United States?** Visit the Centers for Disease Control and Prevention's (CDC) website at wwwnc.cdc.gov/travel/destinations/list for travel information, or consult a travel clinic.

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Technical content reviewed by the Centers for Disease Control and Prevention

Saint Paul, Minnesota ▪ 651-647-9009 ▪ www.immunize.org ▪ www.vaccineinformation.org

www.immunize.org/catg.d/p4045.pdf ▪ Item #P4045 (3/16)